



# Charleston Tri-County Area Illness & Caregiver Resource List



www.BridgesSC.org

## *Support Groups and Programs for Caregivers*

- **Trident Medical Center Caregivers Support Group**  
Join Hospice Care of America for this free support group which is open to anyone caring for a loved one. If your loved one deals with cancer, Alzheimer's or any other chronic illness, this support group will assist you with resources and support to care for yourself and your loved one. Held the third Tuesday of each month at Trident Medical Center—Trident Cancer Center 6-7PM. Contact 843-797-3463 for more information.
- **Roper Hospital in Berkeley: Family Caregiver Support Group**  
First Tuesday of each month 5:30-6:30PM. For more information call 843-832-2357
- **Respite Charleston Caregiver Support Group—James Island at Martin Luther Church**  
Second Tuesday of each month, 6-7PM. Contact 843-647-7408 for more information.  
Second and Fourth Wednesday of each month, 10AM-Noon. Contact 843-647-7408 for more information.
- **Respite Charleston Caregiver Support Group—James Island at Bishop Gadsen**  
First and Third Tuesday of each month, 10:15-11:15AM. Contact 843-647-7408 for more information.
- **Respite Charleston Caregiver Support Group—Mount Pleasant at All Saints Lutheran Church**  
First and Third Wednesday of each month, 10-11:30AM. Contact 843-647-7408 for more information.
- **Trident Area Agency on Agency Family Caregiver Respite Program**  
Trident Area Agency on Agency can help caregivers in need of a short term break. For more information visit <https://www.tridentaaa.org/programs/family-caregiver-support-program/> or call 843-554-2275.
- **Alzheimer's Association Caregiver Respite Program**  
[https://www.alz.org/sc/helping\\_you/caregiver\\_respite](https://www.alz.org/sc/helping_you/caregiver_respite)
- **SC Alzheimer's Association Caregiver Support Group**  
Contact 843-571-2641 for more information on dates/times.
- **The ARK Summerville Caregiver Support Groups**  
List available at <https://scaccess.communityos.org/zf/profile/service/id/293370> or contact 843-832-2357 for more information.

FIND YOUR LOCAL  
AGENCY ON AGING IN  
SOUTH CAROLINA AT  
<https://aging.sc.gov/>

BRIDGES FOR END-OF-LIFE LOWCOUNTRY ILLNESS & CAREGIVER RESOURCES [www.bridgessc.org](http://www.bridgessc.org)

Bridges does not recommend one specific group/resource over another.

Be aware that all bereavement and support groups are continually changing and updating.

**\*\*Before attending any groups PLEASE CALL to verify the group is currently running and/or to find more information about upcoming groups\*\***

## *Local Medical/Illness Support Group for Youth/Teens*

- **Can-Teen Support Group for Teens with Cancer**  
Can-Teen is a support group for adolescents with cancer. Can-Teen provides opportunities for teens to meet their peers, have fun, offer resources, and promote well-being and leadership. Can-Teen was created to bring teenagers with cancer together so they can share experiences, help those that are newly diagnosed, and to build friendships. For more information call 843-792-1380
- **Diabetes Support Group**  
This group provides support and social interaction for children with diabetes as well as their families. Contact 843-876-1527 for more information.
- **Palmetto Hearts**  
Palmetto Hearts serves and supports South Carolinians touched by Congenital Heart Defects and diseases. More information can be found on their Facebook page <https://www.facebook.com/palmettohearts/>
- **Turner Syndrome Support Group**  
This group provides support and social interaction for children with Turner Syndrome as well as their families. Contact 843-876-1527 for more information.
- **Camp Happy Days**  
Offers support and encouragement to children diagnosed with cancer and their families by providing cost free year-round programs, special events, and access to crisis resources. For more information on programs, visit <https://www.camphappydays.org/> or call 843-571-4336

## *Local Medical/Illness Support Group for Adults*

- **Roper St. Francis Support Groups**  
[http://www.rsfh.com/upload/docs/Community/Advantage/Fall\\_17\\_Support\\_Groups.pdf](http://www.rsfh.com/upload/docs/Community/Advantage/Fall_17_Support_Groups.pdf)
- **MUSC Hollings Cancer Center Support Groups**  
<http://www.hollingscancercenter.org/patient-care/patient-resources/support-groups.html>
- **East Cooper Medical Center Support Groups**  
<https://www.eastcoopermedctr.com/for-patients/i-am-a-scheduled-or-current-patient/helpful-support-groups>
- **New Image Breast Cancer Support Group**  
A place where women gather to share their experiences, learn coping techniques, and find emotional support through the strength and warmth of embracing friendships. Meets the 4th Tuesday of each month at 6:30PM at the Trident Cancer Center.
- **Alzheimer's Association Support Group** Held the first Wednesday every month at All Saints Lutheran Church in Mount Pleasant, SC. For more information call 1-800-272-3900
- **Survive to Thrive: Living Well with Stroke Group**  
<https://www.facebook.com/livingwellwithstroke/>
- **National Alliance on Mental Illness Support Groups**  
<http://namicharlestonarea.org/support-education/>

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